

# 5. TRUOI DAL VON

## VALLEY PATHS

Natural Park of the Friulian Dolomites



**Truoi (path) dal Von is an itinerary suitable for all walkers that extends on a mountain placed against the Dolomite peaks of Cimacuta. The name comes from a characteristic rock conglomerate located on the Pocagneit ridge and called Clap dal Von (Sasso AVO).**

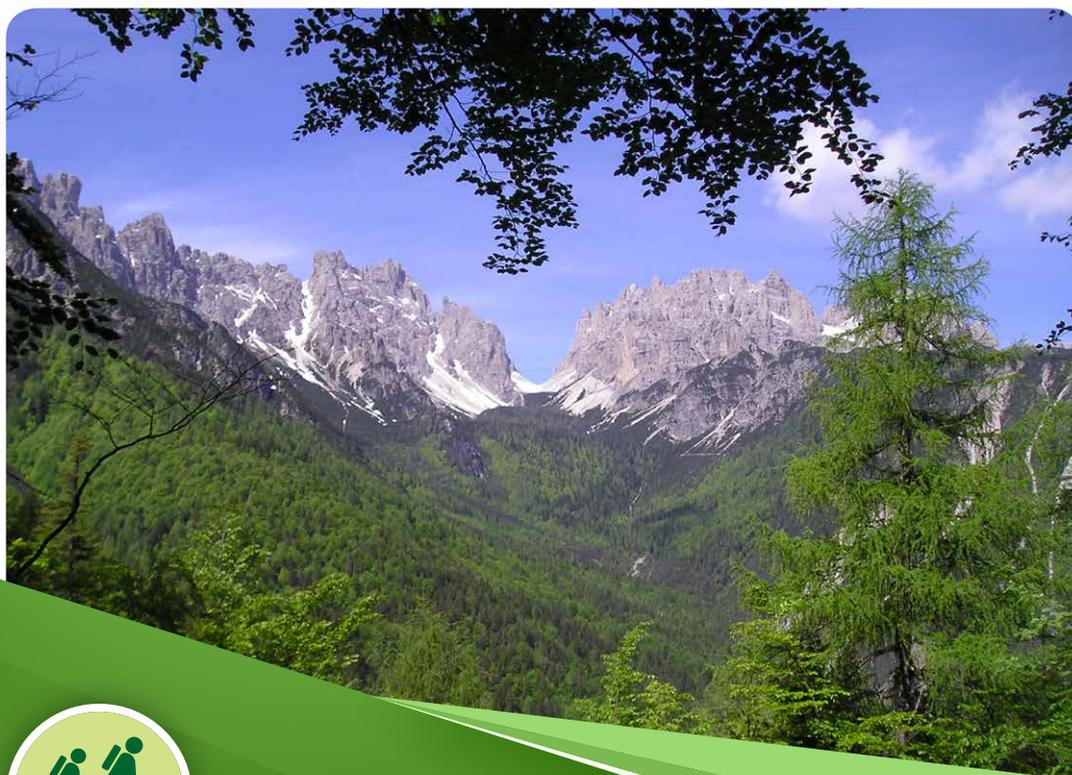
From the parking of Santaviela parking (in front of the chairlift station of Varmost) go up following upstream the forest track along the river Tagliamento up to Davaras bridge; from here you walk the road to the hut Giau and reach the typical kiln for lime of the nineteenth-century, recently restored. Shortly after in the Borsaiia area, you have to cross the stream and go up the valley Lavinal dal Ors along the road (trail CAI 367) until the last big section that crosses upstream where starts the Truoi dal Von.

Going up the slope you will meet the remains of a first coal bin and then the first panoramic area with a broad view on the

scree slope of the Lavinal (with old and new consolidation works), Scodavacca saddle and the Cridola group. The path continues at the edge of the remains of a second coal bin, through a forest of beech and fir trees up to step over the mountain pass of Tuis to stop a little further on the highest point of the itinerary with views of the slopes of the Varmost, Malga Tragonia and the Tiàrfin group. Little more down is a bench which allows a break to admire the Three Peaks and immediately after the third lookout from which you can see the groups of Cridola and Monfalconi. The trail descends into the woods and leads to a fourth lookout,

an opened balcony over the area of Forni and the upper Val Tagliamento; finally, at the characteristic point called Clap dal Von you reach the last viewpoint on mount Cimacuta. After that, you go down again through the forest up to the mountain huts of Pocagneit, crossing sinkholes and scree among the Clapòns (boulders) of Soraruoi. After reaching the forest track and turning right you walk down the steps of the "Children Path"; once reached the Puont (bridge) dal Sirai cross the river Tagliamento and you will be back to the parking of Santaviela.

Scodavacca saddle (Forcia Giau)



Von path (panoramic point)



Kiln for lime



Lady's-slipper orchid



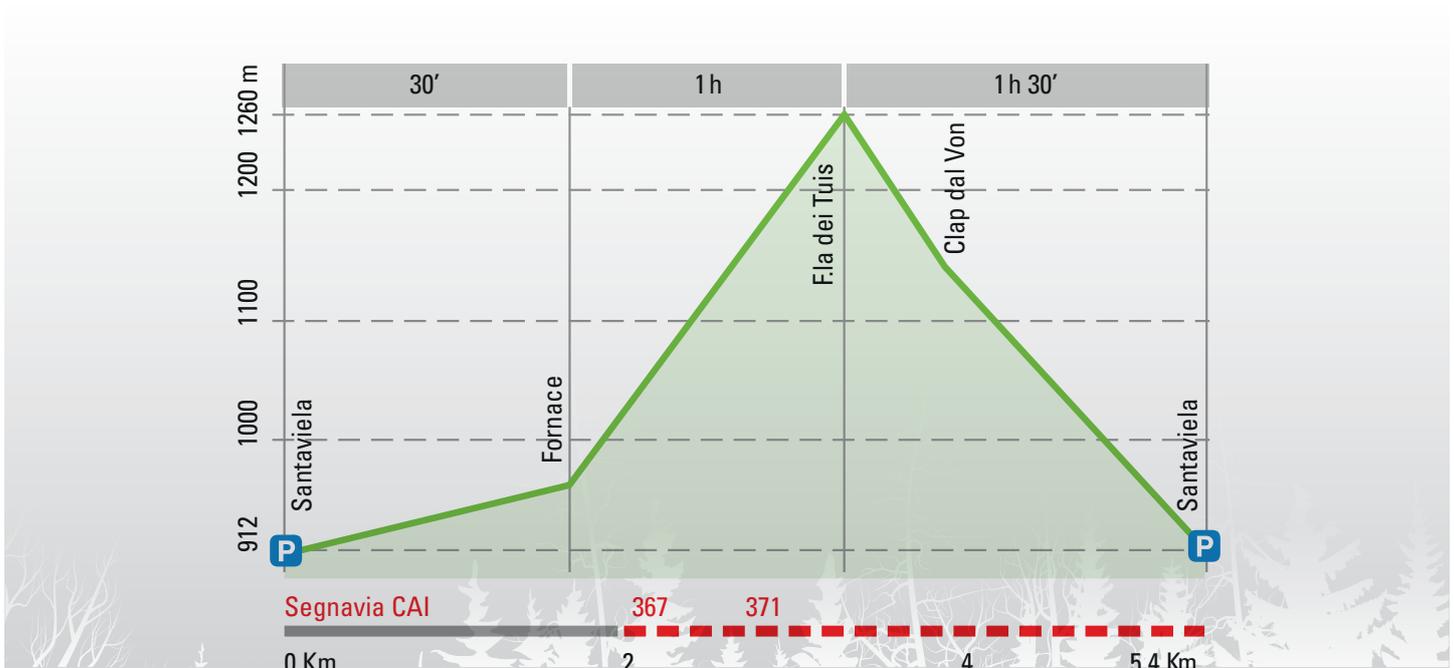
Forni di Sopra view



## PATH TAB

<b>Municipality</b>	Forni di Sopra (UD)
<b>Starting point</b>	Parking of the chairlift station Varmost, Forni di Sopra (912 m)
<b>Arrival point</b>	Parking of the chairlift station Varmost, Forni di Sopra (912 m)
<b>Recommended period</b>	April- November
<b>Approximate walking time</b>	3 - 4 hours
<b>Peculiarities</b>	Geological (faults, scree debris, conglomeratic rocks, sinkholes) Botanical (pioneer vegetation, beech) Panoramic (panoramic terraces on the surrounding mountains) Ethnographic (kiln, remains of charcoal bins, forest-hydraulic works, ruins of old stavoli)
<b>Points of interest</b>	kiln for lime (furnace made of stone and dirt used for baking stone to produce lime), Clap dal Von (overhanging rock used as a shelter during the war).
<b>Markers</b>	CAI 387 and 371
<b>Cartography</b>	Map Edizioni Tabacco Natural Park Friulian Dolomites; And Edizioni Tabacco #02
<b>Support points</b>	not present

## PATH ELEVATION AND CAI DIRECTIONS



Forni di Sopra panorama



Puont dal Sirai



Clap dal Von



# PATH MAP

