2. HIKING OF BREGOLINE EXCURSIONS

Natural Park of the Friulian Dolomites



The itinerary of Bregoline can be considered a real hiking as it offers hikers a chance to cross extremely different and characteristic environments within few hours of actual walking.

From Pian Melùth (near the hut Pordenone, reachable from the Cimolais village along the road of Val Cimoliana) the route begins taking the broad and gritty valley of Sciol de Mont. The track goes up the valley screes and then turns right (crossing a water stream), and then it enters the characteristic fir and Roncada larches wood, attended by the capercaillie. With a short and worthwhile detour (indication) you can reach the pasture of the namesake Roncada (with a wooden, open bivouac) and continue to reach the Forcella della Lama mountain pass, exceptional observation point of the landscape (Dolomite panorama towards the Spalti di

Toro and Monfalconi) and fauna as well (window on the prairie animated by the presence of marmots and chamois). Beyond a plateau (Casera Pian dela Vescia) and a final mountain pass (Savalóns), where you can observe the late- summer bloom of the flora endemism called Gentiana Froelich, the path quickly descends to Casera Bregolina Grande (open bivouac). The route continues descending the large pastures and the underlying pine woods to reach and cross a stream (Scilot dela Stua). The path, now surrounded by a beech forest, once crossed other streams, reaches the grass pasture of the valley floor (Pian Palàth) and then climbs again the

opposite slope up to the pastures and the Casera Bregolina Piccola (open bivouac). A final uphill stretch leads to the above Dof mountain pass and goes down along the opposite side in a lush wood of firs and larches up to go out in the pasture of the Casera Col d'Aniei (spartan, open bivouac). From here the trail takes the valley of Rio Cerosolin, characterized by a deep ravine, crossing with moderately slope, steep sides of a track dug into the rock and facilitated by wooden and stone steps up to the Val Settimana (village of Pont Ciarter, parking; from here you can reach Claut along the Val Settimana road).

Pussa hut



Sciol de Mont valley



Bregolina piccola



Marmot

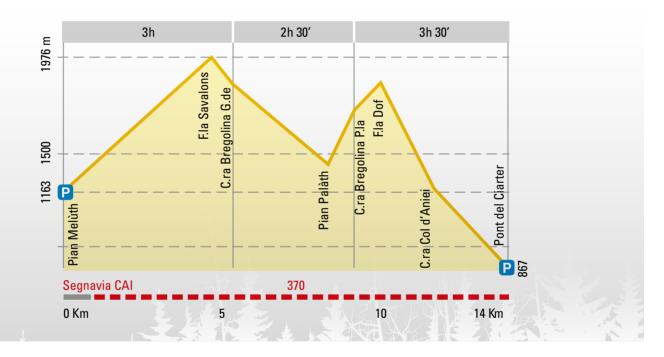


Pastures of Pussa hut



PATH TAB	
Municipality	Cimolais (PN)
Starting point	Val Cimoliana - Pian Melùth (1163 m)
Arrival point	Val Settimana - Pont del Ciartèr (867 m)
Recommended period	from June to September
Approximate walking time	9-10 hours
Peculiarities	Panoramic features (wide panorama on the dolomite slopes of the Park), Botanical (endemic flora), Fauna (Alpine wildlife observation)
Points of interest	Scree of Sciol Mont, "blade" Gap (waterhole in a mountain gap), Sciol de la Stua (remains of an old stone and wood dam), Gorge of Cerosolin (natural gorge)
Markers	CAI 370
Cartography	Map Edizioni Tabacco Natural Park Friulian Dolomites; And Edizioni Tabacco #021
Support points	Alpine huts of Roncada, Bregolina Grande and Piccola

PATH ELEVATION AND CAI DIRECTIONS



Pale Ciandele and Pramaggiore Mount



Chamois



Path Signs



