

7. RIDGE OF SARODINAS

CHALLENGING EXCURSIONS

Natural Park of the Friulian Dolomites



This route takes its name from the grassy ridge that for a long stretch allows hikers to enjoy a double, spectacular views: on one side the upper valley of Tagliamento and the Carnic Alps, on the other one the deep creeks of Val Settimana and the impressive Dolomite rock slabs of the group Caserine-Cornagèt.

The route starts at the ford of the river Tagliamento (695 m asl), reachable from the village of Forni di Sotto (directions). From here, crossed the river, follow the trail CAI 373 that, ascending among steep woods of beech leads to Casera Masons (1553 m above sea level) where you can find an open bivouac. From this point go up again, still following the wide ridge, that crossing clearings and forests of larch, reaches the Cima Camosci (1806 m above sea level), mount placed just on the dividing line among the valleys of Tagliamento, Poschiadea and Settimana. From here the route continues along paths through

meadows, Pinus mugo and Rhododendron bushes facing south up to Pas de Ciavalli (1835 m asl) and the ridge Sarodinas (exceptional views of the mount of Pramaggiore). Proceeding along the ridge for a while, the route reaches the same name mountain pass (1810 m asl): the traces on the ground reveal how this stretch is attended by wildlife (deer and black grouse in particular). From this mountain pass the trail descends on the opposite side (facing north) through the steep and compact scree slopes of Val Rua (Rovadia), characterized by the presence of fragments of rocky slabs (Dolomia of

Forni), to the intersection with the path that follows the same name valley (CAI 368). From here it continues to rise along the grasslands populated by marmots, ibex and snow partridges, until you reach the mountain pass of Passo di Suola (1994 m above sea level). From the mountain pass begins the long descent along the namesake dolomite valley (trail CAI 363) that leads first to the hut Flaiban-Pacherini (1587 m asl) and then it follows the wide path (CAI 362) up to Palas: from this area, following a forest track, you reach Forni di Sopra (Davost zone).

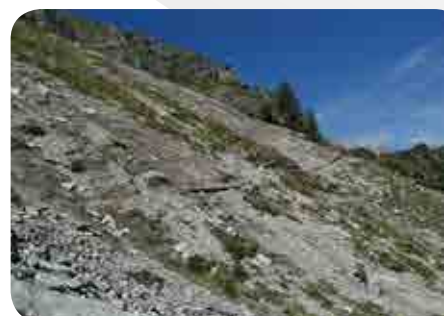
Road signs



Pramaggiore mount and mountain pass Passo Suola



Scree slopes of saddle Sarodinas



Rio Rovadia springs



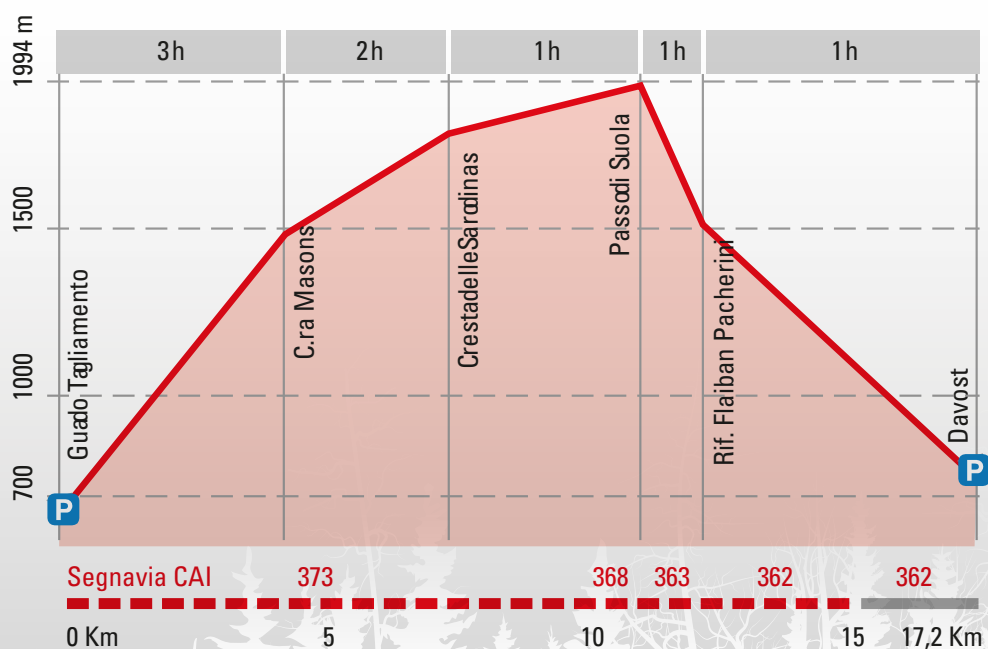
Sarodinas ridge



PATH TAB

Municipality	Forni di Sotto (UD), Forni di Sopra (UD)
Starting point	Ford of river Tagliamento, Forni di Sotto (695 m)
Arrival point	Parking Davost, Forni di Sopra (900 m)
Recommended period	from June to September
Approximate walking time	8 - 9 hours
Peculiarities	botanical (beech, rhododendron, endemic specimen of Huter Sandstone) Geological (fluvial and glacial valleys, dolomite rock of Forni) Fauna (deer, grouses, ptarmigans, marmots) Panoramic (dolomite elevations and structures)
Points of interest	Masons pasture (former alpine hut), Rua meadows
Markers	CAI 373 - 368 - 363 - 362
Cartography	Map Edizioni Tabacco Natural Park Friulian Dolomites; And Edizioni Tabacco #02
Support points	Alpine huts of Masons and Flaiban-Pacherini

PATH ELEVATION AND CAI DIRECTIONS



Sarodinas ridge from saddle Lareseit



Tagliamento valley



Pastures of Malga Rua



MAPPA PERCORSO

