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## NATURALISTIC - ETHNOGRAPHIC TRAILS AND VISITOR CENTRES

# TRAMONTIDI SOPRA: FORESTS AND HUMANKIND



### PROGRAMME

This trail is located in the village of Forni di Sotto and the accompanying beautiful valley. The village lies in a vast plain dominated by woods and mountains: the perfect peaceful environment for immersing oneself in nature.

It is divided into three hamlets: Vico (the oldest hamlet, located at a lower altitude), Baselia (the central village) and Tredolo (a village that runs along the SS 52).

- Meet with the nature guide in Claut piazza (PN).
- Depart on the Forests and Humankind trail, a route that allows visitors to discover the forest, its functions and resources and how humankind has made use of it in order to learn how humans adapt to their surroundings, but also how they modify said surroundings depending on their needs. Visitors will also learn about the history of the woodcutters who lived in this valley, while discovering the secrets and struggles of one of the most fascinating ancient jobs in the surrounding mountainous region.
- Packed lunch in the surrounding area.  
*(if the weather is bad, packed lunches will be enjoyed at the visitor centre).*
- Return to the village of Forni di Sopra along with guided tour of the visitor centre and the "Forests" exhibition. The exhibition includes materials and educational installations that aim to spread knowledge about the park's natural wonders and the relationship between humans and the forest in general. The goal is to allow visitors to get to know the specific features that make the park an area worthy of protection. Forni di Sotto visitor centre's exhibition represents the "forest" environment that can be found along the park's trails.
- End of guided tour.

### LENGTH OF TIME

- Full day, adaptable half-day  
*If it's raining, activities will take place indoors, and alternative activities will be arranged at the visitor centre.*  
*The programme can be modified according to group needs.*

### MATERIALS REQUIRED FOR THE EXCURSION

- Hiking boots or sturdy trainers and appropriate clothing for a mountain hike.
- Waterproof jacket

