

7 NATURALISTIC - ETHNOGRAPHIC TRAILS AND VISITOR CENTRES

FRISANCO: THE ART OF CHEESE-MAKING AND MOUNTAIN PASTURES



PROGRAMME

The trail is located in the village of Frisanco, one of the most beautiful villages in Italy with characteristic buildings nestled in the park's natural beauty.

The houses are truly original, multi-storey stone buildings with different features, leaning against each other with beautiful inner courtyards and wooden balconies.

Among the courtyards, windows and arcades, small cribs are displayed at Christmas time, contributing to a lively festive spirit.

- Meet with the nature guide in Claut piazza (PN).
- Departure for a nature hike along Landris path, meaning cave, due to the presence of a large natural cavity. Along the way, visitors will discover remnants of ancient paths and mule tracks that led to houses and barns. Once upon a time the only connections inside the valley. Visitors can also cross a small stream that collects water from Monte Jouf. The trail is rich in animal and plant life.
- Packed lunch in the surrounding area.
(if the weather is bad, packed lunches will be enjoyed at the visitor centre).
- Trip to the visitor centre, "Poffabro Cheese Factory" and the "In the Mountains - the park's mountain huts" exhibition. Frisanco Visitor Centre has been installed in Poffabro's former cheese factory. On the ground floor, after a brief digression into the history of the region's milk factories, the exhibition focuses on Frisanco's milk factory, from the first meetings to the establishment of the Poffabro-Casasola Società Latteria Sociale Turnaria association in October 1932. The cheese factory's processing room was preserved with its original cheese processing machinery and equipment, which dates back to the 1930s. The permanent exhibition "In the mountains - the park's mountain huts" includes hut interiors and replicas of the "mussa" (sturdy wooden stick) and tools used for processing and turning milk into cheese, butter and ricotta. A multimedia station also includes testimonies about existing farmhouses (including those now in a state of ruin) located in the park.
 - Option to visit the village and its interesting buildings.
- End of guided tour.

LENGTH OF TIME

- Full day, adaptable half-day
*If it's raining, activities will take place indoors, and alternative activities will be arranged at the visitor centres.
The programme can be modified according to group needs.*

MATERIALS REQUIRED FOR THE EXCURSION

- Hiking boots or sturdy trainers and appropriate clothing for a mountain hike.
- Waterproof jacket

