

15 SPORTS AND LEISURE ACTIVITIES IN THE ENVIRONMENT

ICE-LAND CLIMBING GAME ON ICE



PROGRAMME

Ice climbing is a sensory experience amplified by specific particular climatic conditions. It is an intense and very entertaining educational experience that is character-building and develops cognitive dynamics.

- Meet with the nature guide in Claut piazza (PN).
- Travel to the activity site. Where simple ice climbing activities will be carried out along specially-equipped paths. Techniques for how best to move on frozen ground will be explained. Everything will be managed with maximum safety and in the presence of a mountain guide who will provide all the necessary equipment.
- Packed lunch in the surrounding area.

LENGTH OF TIME

- Full day, adaptable half day
*Activities will be suspended if it is raining.
The programme can be modified according to group needs.*

MATERIALS REQUIRED FOR THE ACTIVITY

- Hiking boots and appropriate clothing for mountain hikes in winter.
- Waterproof jacket
- Bring a change of clothes for the end of the activity.

